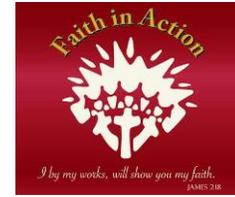




Archbishop O'Sullivan Catholic School Newsletter - October 2017



Principal: Mrs. Lisa Bickerstaffe
 Secretary: Ms. Kathleen Logan-Rebelo
 St. Paul the Apostle Parish Priest: Father Sebastian Amato
 Superintendent: Mrs. Karen Shannon

School Theme: **Our Learning Journey**

Learn
Reflect
Change
Grow

We Give Thanks

For food in a world
 where many walk in hunger,
 For faith in a world where many
 walk in fear,
 For friends in a world where many
 walk alone,
 We give You thanks, Oh, Lord.



2017- 2018 School Schedule

Arrival	8:55-9:10
Entry	9:10
Recess	11:10 – 11:25
Lunch	12:25 – 1:05
Recess	2:25-2:40
Dismissal	3:20



Please mark your calendar; School Photos will be on Oct. 11th.



Follow us on Twitter
 @alcdsb_abos

Archbishop O'Sullivan's school web page is a great way of keeping current and up-to-date with what is going on at our school.

School email: flhpabos@alcdsb.on.ca

Web site: www.alcdsb.on.ca/school/abos



Working Together for School Safety

Yard Supervision: Please be aware that students may not be on the school yard before 8:55 a.m. as it is unsupervised until this time. Your cooperation in this matter is greatly appreciated. Buses are not unloaded until 8:55 and students walking or being dropped off should plan to arrive between 8:55 and 9:10.

~Safe Arrival Program~ Every School Day Counts

Parents/guardians are asked to call the school at **613-389-1891** whenever your child will be late or absent. A message may be left at any time on the answering machine. Please indicate your child's name, grade and teacher. If no call is received, office staff will use the contact information provided to locate the child or the parent regarding the absence.

If you know in advance that your child will be absent from school for an extended period of time (example: family trip), please submit a letter to the school.



2017-2018

Student Information Forms

There are still some outstanding Student Information Forms to come in. It is imperative that we have up-to-date contact information and are able to reach parents at all times in the event of a medical or other emergency. Please contact the office if you require a new form, and please keep us notified of changes in your family information throughout the year.



SCHOOL COUNCIL

There is a School Council Meeting scheduled for **Wednesday, October 18th at 6:30 pm.**
All are welcome. ☺



The AOS School Council hosts Bingo at Treasure Chest Bingo on Bath Road. The funds generated have been used for various school activities such as: payment of transportation for class field trips, classroom enhancements, play structure repairs, etc. This also helps reduce the amount of fundraising. You can volunteer in either 2 or 4 hours blocks and does not have to be every month. **If able to support this School Council fundraiser, please contact our Bingo Coordinator, Paul Chaves at: paulchaves@live.com**
Thank you Mr. Chaves for coordinating this fundraising opportunity!

School Council Magazine Fundraiser

As a reminder the sales end for this fundraiser on **October 10th**. Thank you to Julie Macdonald for her leadership.



Milk Program

White and chocolate milk is available on a daily basis for \$.75 (250 ml container). An order form for pre-ordering milk can be found on our school website.

School Council Spook-a-thon



Our Catholic School Council is in the process of organizing the annual Spook-a-thon. This is a much anticipated event by our school community. If parents are interested in volunteering for this fundraiser please contact the school.



Peer Helper/PALS Training

Students in Grades 5-8 who volunteered to take on a leadership role as Peer Helpers will receive PALS training. A special thank you to Mrs. Cross, our Youth Worker and our KFL&A partners who will be organizing and facilitating this workshop.



For information about Before and/or After School care programs, please contact Bev Blakely 613 546-2647 Ext. 234



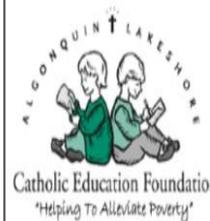
St. Paul the Apostle Parish

Please join us for our School Community Mass Wednesday, Oct. 4th at 10:45

Clean Your Closet for Archbishop O'Sullivan's Eco Fun Drive

The AOS Eco Committee is teaming up with Value Village to host another Eco Fun Drive. Students and families are invited to drop-off used items in the front lobby of our school from **Tuesday November 21st to Thursday November 23rd**. This is a wonderful opportunity to declutter in the spirit of recycling, reducing and reusing. Clothing, books, shoes, accessories, linens, toys, electronics and household items are welcome. No large items please. Money earned through the drive will be donated to the Canadian Red Cross through canadacares.org to help support those who struggle in the wake of Hurricane Irma. The Canadian Red Cross has activated its emergency operations team and is mobilizing disaster response volunteers across the region. They are working to coordinate emergency relief efforts and get help to people in affected areas as quickly as possible. Together we can make a difference and help transform despair into hope. This is also a wonderful way to support our school Catholic Graduate Expectation of "I Have Ideas".

Spring and Fall are the seasons when **HEAD LICE** commonly infest school children. Please check your child's head weekly. If you find evidence of head lice or nits, information about how to remove is available from your family doctor, school, health unit and most pharmacies. Information pamphlets are also available at the school.



The Algonquin and Lakeshore Catholic Education Foundation (ALCEF) is a registered charity that raises funds and provides financial support to assist families within our schools during times of crisis or poverty.

This assistance may include the provision of eye glasses, medical supplies, accommodations, food, clothing, or transportation.

For more information, please visit:

<http://www.alcdsb.on.ca/Board/Pages/Foundation.aspx>



EQAO: The EQAO results for last year's Primary and Junior Assessments can be reviewed at www.egao.com. Results for both Primary and Junior assessments continue to show progress. In Reading, 91% of Gr. 3 students performed at Level 3 and 4. In Writing; 100%, and in Mathematics 71%. Junior results in Reading with 78% of students at or above the provincial standard. Junior Writing results were at 88%. The Junior Mathematics results continue to be a school priority with 47% achieving at Level 3 or 4. Mathematics remains a focus for this current school year as the Ministry of Education has mandated 60 min a day or 300 minutes a week for Math instruction across all grades. Archbishop O'Sullivan's 2017-18 School Improvement Plan for Student Achievement & Well-being (SIPSAW) will center around Mathematics as an area for continued enhancement. Individual assessment results will be sent home shortly with students who completed this assessment last spring.



Canadian Author Susan Aguilo will be come to Archbishop O'Sullivan on the afternoon of October 18th. An order form will be sent home shortly.

Open House ~ Meet and Greet



French is fun!

"Something that I really enjoyed in French class was all the collaboration. J'aime travailler avec mes amis."

-Avery, ALCDSB Grade 9 Student

Encourage your child to be a lifelong learner of French!

Halloween

SAFETY TIPS FOR CHILDREN AND PARENTS

Halloween is a lot of fun, but it can also be dangerous. Using safety tips and common sense can help make the evening enjoyable. Remember excitement makes us all forget to be careful.

- ✦ Wear light colours or bright costumes.
- ✦ Use reflective tape, glow sticks, or arm bands.
- ✦ Make sure that masks allow you to see clearly.
- ✦ Do not go into houses.
- ✦ Carry a cellular telephone if possible.
- ✦ When in doubt, throw it out!



- ✦ Use a flashlight.
- ✦ Visit houses that have their porch light on.
- ✦ Do not enter unknown vehicles.
- ✦ Use the sidewalks and paths; try not to cut across lawns.
- ✦ Respect other people's property. It is a criminal offence to smash pumpkins, steal candy, toilet paper trees and create graffiti.
- ✦ Have a parent check the candy before eating any.
- ✦ Most important:



PARENTS:

- ✦ Have children wear costumes that fit and prevent tripping, and make sure they are easily visible.
- ✦ Consider using make-up instead of a mask.
- ✦ If a mask is used, make eye holes larger if required.
- ✦ Check the children's candy, stickers, or tattoos for any allergy information.
- ✦ Know the route your children will be taking or always escort young children.

Staff engaged in conversation, reviewing data as we plan for our 2017-2018 School Improvement Planning for Student Achievement and Well-being (SIPSAW).



Let's Talk

Opioid Information Evening

Tuesday, October 17, 2017

6:30 p.m.

Community partner displays and light refreshments

7:00 p.m.

Presentations

KCVI

235 Frontenac Street, Kingston
Auditorium



You never think it will be your child trying drugs, until it is.

Illicit fentanyl, a highly potent opioid, has been confirmed in our area in a variety of fake prescription pills and other street drugs such as cocaine, crystal meth, heroin, and marijuana. Illicit fentanyl is known to be deadly in small amounts, making the risk of overdosing extremely high. Ingesting even a small amount can be fatal.

Join KFL&A Public Health and community partners to find out what you need to know about opioids to keep everyone in our community safe.

kflaph.ca

2017-09-22



Cook Up Some Learning!



Children love to cook! Let them help in the kitchen by doing safe cooking activities. Apples, carrots, potatoes and squash are just a few of the tasty foods available this time of year. These inexpensive, nutritious fruits and vegetables are grown in Ontario.

Children can take part in many safe cooking activities:

- Counting items
- Measuring ingredients
- Finding labelled food in the cupboard
- Reading simple recipes

Cooking helps your children learn the importance of math and reading in daily life. As a bonus, they learn about good, inexpensive food and how to prepare it for healthy living.

Books!

The Little Red Hen

Paul Galdone

Growing Vegetable Soup

Lois Elhert

Early Literacy Specialists